

Landmark's Group Voluntary **CHIROPRACTIC AND ACUPUNCTURE PLANS**

The Health Benefits of Chiropractic and Acupuncture Care

*You can now add voluntary chiropractic and acupuncture care benefits, for happier and more productive employees, **AT NO COST TO THE EMPLOYER**. How we choose to manage aches and pains impacts not only our daily lives but also our expectations for ongoing comfort and productivity. Landmark Healthplan saves employers and employees on overall healthcare expenditures.*

Join millions of Californians who find effective relief from back, neck and joint pain through this holistic approach to wellness. Employees may select affordable and convenient access to care that's natural and drug free with no deductibles and low co-pays. Landmark offers six (6) different plan options to choose from to meet everyone's needs.

Add Landmark to reduce overall healthcare costs and gain the most value and satisfaction in your health benefits!





Group Voluntary CHIROPRACTIC and ACUPUNCTURE Plans and Monthly Premium Rates

Bay Area group Voluntary CHIROPRACTIC Plan Rates

Bay Area Counties Include: Alameda, Contra Costa, Marin, Napa, San Francisco, San Mateo, Santa Clara, Solano, Sonoma

Office Visits/ Copayments	Employee Only	Employee + One	Employee + Family
10 visits/\$25 copay	\$23.63	\$44.90	\$68.53
15 visits/\$25 copay	\$36.00	\$68.40	\$104.40
20 visits/\$25 copay	\$47.25	\$89.78	\$137.03

Non-Bay Area group Voluntary CHIROPRACTIC Plan Rates

All California Counties except Bay Area Counties.

Office Visits/ Copayments	Employee Only	Employee + One	Employee + Family
10 visits/\$25 copay	\$13.50	\$25.65	\$39.15
15 visits/\$25 copay	\$18.00	\$34.20	\$52.20
20 visits/\$25 copay	\$22.50	\$42.75	\$65.25

Bay Area group Voluntary ACUPUNCTURE Plan Rates

Bay Area Counties Include: Alameda, Contra Costa, Marin, Napa, San Francisco, San Mateo, Santa Clara, Solano, Sonoma

Office Visits/ Copayments	Employee Only	Employee + One	Employee + Family
10 visits/\$35 copay	\$31.50	\$59.85	\$91.35
15 visits/\$35 copay	\$47.25	\$89.78	\$137.03
20 visits/\$35 copay	\$63.00	\$119.70	\$182.70

Non-Bay Area group Voluntary ACUPUNCTURE Plan Rates

All California Counties except Bay Area Counties.

Office Visits/ Copayments	Employee Only	Employee + One	Employee + Family
10 visits/\$35 copay	\$20.25	\$38.48	\$58.73
15 visits/\$35 copay	\$30.38	\$57.72	\$88.10
20 visits/\$35 copay	\$41.63	\$79.10	\$120.73

Underwriting Requirements:

1. Enrolled members must live or work in the Landmark service area: the state of California.
2. Enrolled members must have a major medical plan in-place to be eligible.
3. Employee and his/her dependents must enroll in the same plan if more than one plan is offered.
4. More than one plan may be offered to a group, but a minimum of two employees must enroll per plan.

Advantages of a Landmark Group Voluntary Plan

- No premium cost to offer our plans, benefits are 100% employee paid
- Premiums are P.O.P. Plan compatible, which reduces your total taxable payroll and share of FICA contributions
- Increased employee satisfaction and productivity

Benefits of Acupuncture

Acupuncture is a 3,000-year-old healing technique of Traditional Chinese Medicine recognized by the U.S. National Institutes of Health (NIH) for its safety and efficacy in treating a wide range of conditions. Acupuncture is used most broadly to relieve pain, to prevent, diagnose and treat disease, as well as to improve general health.

Benefits of Chiropractic Care

The best prescription for an active healthy lifestyle is a properly aligned and functioning spine. Back pain and decreased mobility are the body's way of telling us something is not right. Chiropractic care can correct or even prevent these painful conditions.



Don't miss the opportunity to provide your organization with all that Landmark Healthplan has to offer you and your employees.

Return the group application to your broker today!

(800) 298-4875 | www.LHP-CA.com